




STUDENT ATHLETE TUTORING SERVICES

INFORMATION FOR PARENTS

Study where your
sport takes you

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optimiselearning.com 

OPTIMISE LEARNING

EDUCATION PROGRAMS FOR STUDENT ATHLETES

ONLINE TUTORING SERVICES

Optimise Learning is an educational organisation committed to providing Australian students with online academic tutoring services of the highest standard.

Founded over 11 years ago by experienced, highly qualified and passionate teachers, Tracey and Peter Hand, Optimise has assisted hundreds of Australian students to improve their school achievements, and develop their self confidence.

Under the name of Australian Athlete Tutoring, Tracey and Peter have developed a range of specialised education programs for student athletes, who take time away from school to train and compete in their chosen sport.

To streamline their academic tutoring services, Tracey and Peter made the decision in 2021 to amalgamate Australian Athlete Tutoring with *Optimise Learning*.

Optimise Learning's personalised and flexible approach enables student athlete's to complete their schooling from anywhere, at any time.



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STUDY WHERE YOUR SPORT TAKES YOU

Student athletes studying with [Optimise Learning](#) can continue their schooling whilst they are training and competing, in Australia or overseas.

In consultation with each student athlete's school, Optimise designs individually tailored education programs to ensure the school studies of young athletes are not disrupted whilst they are away from school training and competing.

Optimise Learning understands that young people can compete at the highest level athletically, whilst simultaneously pursuing academic excellence.



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OPTIMISE'S ONLINE TUTORING FOR STUDENT ATHLETES

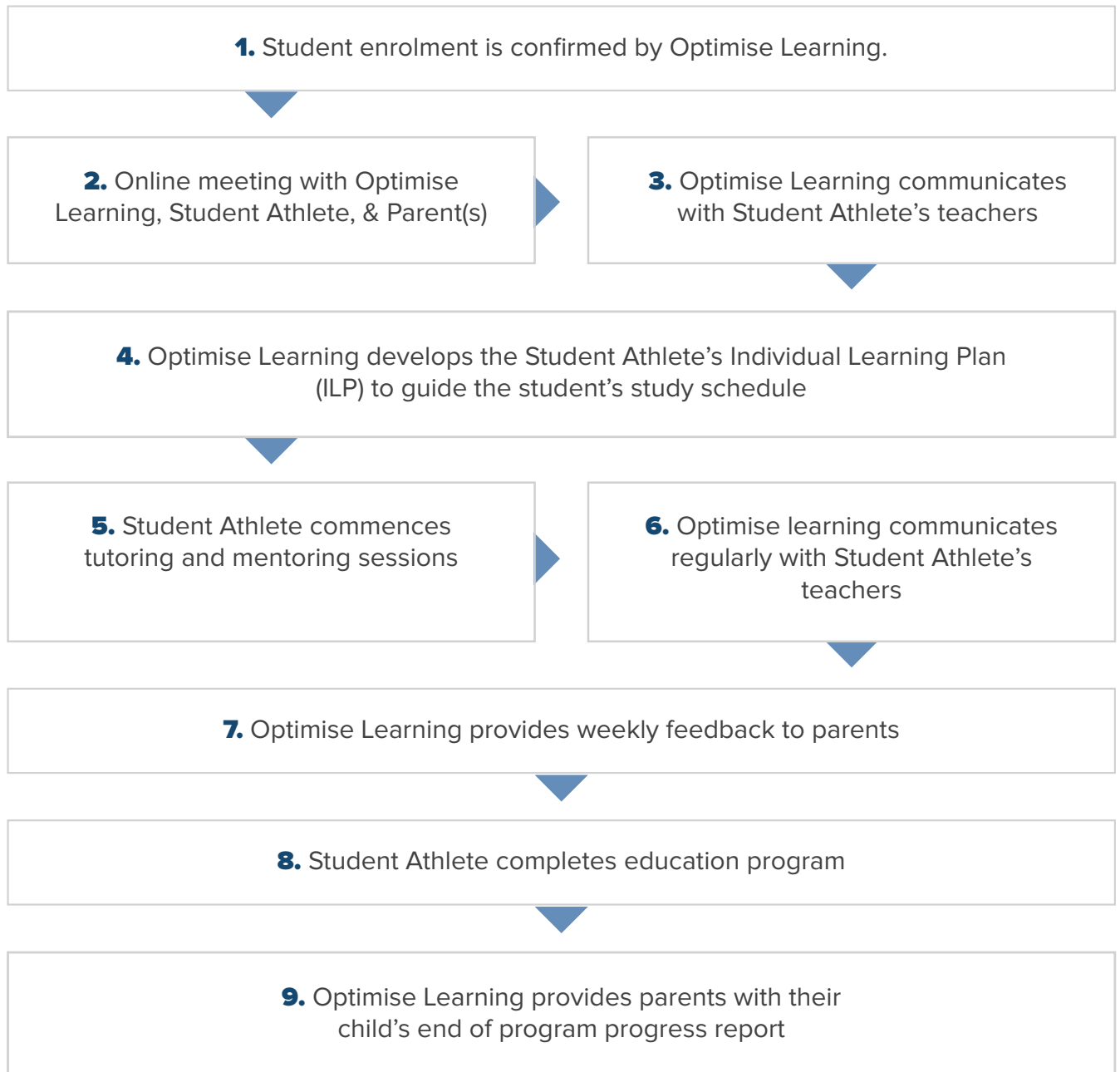
- ✓ Provide student athletes with academic tutoring and education support in a wide range of subject areas
- ✓ Enable student athletes to access highly qualified and specialised teachers in a range of subject areas
- ✓ Provide student athletes with explicit teaching on a one to one basis
- ✓ Develop tailored education programs that allow student athletes to move more efficiently through their curriculum content
- ✓ Enable student athletes to complete their schooling at times that suit their training and competition schedule
- ✓ Develop lessons that are personalised to meet the unique learning needs of each student athlete
- ✓ Enable student athletes to continue their schooling from anywhere, at any time
- ✓ Allow student athletes to focus on their sport, while Optimise ensures they stay on track with their schooling
- ✓ Are facilitated via the Optimise Learning's online classrooms



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HOW IT WORKS



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WHAT YOU CAN EXPECT

- 1.** When student enrolment is confirmed, an online meeting involving a member of the Optimise teaching team, the student athlete and their parent/s is scheduled.
- 2.** During this meeting a number of organisational factors are discussed, including the learning goals the student athlete hopes to achieve while they are away from school.
- 3.** Optimise Learning also communicates with relevant teacher/s from the student athlete's school to establish what curriculum content is being focussed on, in each of their subjects, while they are away from school.
- 4.** The information provided by the student athlete's school, coupled with the student's learning goals is used to develop an Individual Learning Plan (ILP), to guide their tutoring sessions. The ILP includes a lesson and study time table to assist students to keep up with their school work, and keep track of the progress they are making towards their learning goals. As weather conditions and other factors influence ski and snowboard training and competition schedules, lesson and study timetables need to be flexible. The student athlete and their parent/s receive a copy of the ILP.
- 5.** Students meet their designated tutor/s at prearranged time/s in their online classroom for their tutoring lesson or mentoring session. As every session is recorded, student athletes are able to access their past lessons to review and revise lesson content, should they wish to do so.
- 6.** Optimise Learning continues to communicate with the student athlete's teacher/s to ensure that even though the student is not attending school, they are keeping up with their school work and submitting any required assessment tasks.
- 7.** Throughout each student athlete's education program with Optimise, parents are provided with weekly feedback in regard to their child's academic progress. Parents can also contact Optimise Learning at any time to check in with their child's progress.
- 8.** Optimise's flexible education programs enable student athletes to keep up with their studies when they are away from school training or competing. Student athletes studying with Optimise Learning really can complete their school work from anywhere, and at any time.
- 9.** When the student athlete completes their Optimise Learning education program and returns to school, an 'End Of Program' progress report is provided to parents. This report can also be shared with the student athlete's school.



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WHY DO OUR EDUCATION PROGRAMS WORK?

Optimise Learning's Education Programs work very well for student athletes. Optimise understands the importance of giving young people the opportunity to pursue their passions and sporting pursuits, even if by doing, so they are absent from school for extended periods of time.

At Optimise, we understand that young people can compete at the highest level athletically and simultaneously pursue academic excellence.

Many student athletes who study with Optimise while they are away from school participating in ski training programs and competing domestically or internationally, find that they achieve higher academic results when they return to school and are ahead of their class peers with their schoolwork. Optimise Learning's personalised approach and education programs for student athlete's have been shown to accelerate student learning and improve their achievements at school.

Optimise Learning has developed partnerships with many Australian schools

Schools trust Optimise Learning and value the education programs they have developed for student athletes. Since Optimise began tutoring student athletes in 2014, they have partnered with many state and independent schools throughout Australia, to support students with their studies while they are away from school training and competing. These schools include:

Brisbane Boys College, Brisbane QLD
Canberra Girls Grammar School, Deakin ACT
Central Coast Grammar School, Erina Heights NSW
Girton Grammar School, Bendigo VIC
Ivanhoe Grammar School, Melbourne VIC
Kambala School, Sydney NSW
Knox Grammar School, Sydney NSW
Mansfield Secondary College, Mansfield VIC
Melbourne Girls Grammar, Melbourne VIC
Melbourne Grammar School, Melbourne VIC
Methodist Ladies' College, Claremont WA

Methodist Ladies' College, Melbourne VIC
Penleigh and Essendon Grammar School, Keilor VIC
Pymble Ladies College, Sydney NSW
Scotch College, Melbourne VIC
Shore School, Sydney NSW
St Catherines School, Melbourne VIC
St Michael's Grammar School, Melbourne VIC
The Hamilton and Alexandra College, Hamilton VIC
The Illawarra Grammar School, Figtree NSW
The Scots College, Sydney NSW
Wenona School, Sydney NSW



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Advanced technology supports Optimise Learning's Online Education Programs

Advances in technology enable student athletes to complete their schoolwork away from school, at times that suit their training and competition schedules. Optimise Learning's online classrooms are designed to provide the most advanced, interactive, personalised, secure and effective online learning environment for students. There are many tools in each of [Optimise's online classrooms](#) that both tutors and students can use to enhance learning, including an online whiteboard, drawing and text tools, a PDF creator, voice and video conferencing capacity, screen sharing, video sharing and lesson recording.

All student athletes need to attend their tutoring lessons is their device, access to the internet and their headphones.



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Optimise Learning's personalised tutoring services accelerate student learning

Optimise Learning does not take a 'one size fits all' approach to tutoring students who study with them. Just like specialised sports coaches who assist student athlete's to achieve their best by observing them during training sessions, and adjusting their training programs accordingly, Optimise's specialised tutors observe each student closely during their lessons, and adjust lesson content accordingly, whilst monitoring the student's progress in relation to their learning goals.

In their online one-to-one tutoring lessons, students also feel more secure to ask questions and seek clarification if they do not understand a concept. Also, Optimise Learning's online tutoring lessons are recorded, so students are able to revise and review lessons they have had, should they wish to do so.

The overall aim of the tutoring team at Optimise is to ensure that what student athletes are learning during their online tutoring lessons, is consolidating and extending on what they would be learning at school. This enables students to return to school, secure in the knowledge that they are up to date, or ahead of their class peers with their school work.



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OPTIMISE LEARNING'S PARTNERSHIP WITH HPC RACING AUSTRIA

Since the 2015/2016 Northern Hemisphere ski racing season, Optimise Learning has worked in partnership with HPC Racing Austria enabling students to complete their schooling, whilst they are away from school ski training and racing throughout Europe.

Student athletes participating in HPC Racing Austria can continue their schooling from Leogang, with curriculum and study plans developed and supplied by Optimise Learning in consultation with their school in Australia. Student athletes will have access to a designated classroom space at HPC House, modern technology and face-to-face online lessons with qualified tutors.

Optimise Learning liaises regularly with each student athlete's teacher/s to ensure that they keep up with their schoolwork, which includes including completing and submitting assessment tasks, while they are away. Due to the personalised approach of Optimise Learning's education programs for student athletes, many parents discover that their child's school achievements improve when they return to school, and that they are ahead of their class peers in their school work.

Email us at info@optimiselearning.com to learn more about our educational programs for student athletes ski racing in Austria.



OPTIMISE LEARNING

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“The Optimise Learning team around Tracey and Peter managed to effectively combine academics with our sport of ski racing, which happens mostly in the Northern Hemisphere winters. The exceptional expertise of Optimise Learning and their individualised tutoring program, combined with a thorough relationship management with local Australian schools, allows young athletes to follow their dreams and to perform as an athlete and student. I look forward to further integrate the academic pathway of Optimise Learning into the elite sports pathway of Australian ski racing.”

Christoph Maier, Program Coordinator
High Performance Centre, Leogang, AUSTRIA



OPTIMISE LEARNING

EDUCATION PROGRAMS FOR STUDENT ATHLETES

FEE SCHEDULE

PRIMARY SCHOOL STUDENTS

Enrolment Fee

A non-refundable enrolment fee of \$250AUD per annum is required to enrol primary school aged students in Optimise Learning's education programs for student athletes. The enrolment fee covers a range of services that occur outside of student lessons, including the initial planning meeting between Optimise Learning, parents and the student athlete, consultation and ongoing liaison with the student athlete's school, development of the student's Individual Learning Plan, monitoring of student progress and provision of weekly feedback to parents.

COST PER TUTORING LESSON		
30 MINUTE One-to-One Tutoring Lesson	45 MINUTE One-to-One Tutoring Lesson	60 MINUTE One-to-One Tutoring Lesson
\$53.50 +GST	\$74 +GST	\$94 +GST

Bundles of 10 x 60 minute lessons can be purchased in advance, for a discount of 5%

Payment & Booking Terms

Individual lessons need to be paid for in advance via weekly debits
Parents can organise for their child to have more than 1 lesson a week

Available Subjects

Mathematics
English

**Other subjects at the Primary School Level may be available upon request*



OPTIMISE LEARNING

EDUCATION PROGRAMS FOR STUDENT ATHLETES

FEE SCHEDULE

SECONDARY SCHOOL STUDENTS (YEARS 7-10)

Enrolment Fee

A non-refundable enrolment fee of \$350AUD per annum is required to enrol secondary school aged students in Optimise Learning's education programs for student athletes. The enrolment fee covers a range of services that occur outside of student lessons, including the initial planning meeting between Optimise Learning, parents and the student athlete, consultation and ongoing liaison with the student athlete's school, development of the student's Individual Learning Plan, monitoring of student progress and provision of weekly feedback to parents.

COST PER TUTORING LESSON	
45 MINUTE One-to-One Tutoring Lesson	60 MINUTE One-to-One Tutoring Lesson
\$94 +GST	\$115 +GST

Bundles of 10 x 60 minute lessons can be purchased in advance, for a discount of 5%

Payment & Booking Terms

Lessons are paid for in advance via weekly debits

Parents can organise for their child to have more than 1 lesson a week

Due to the specialised nature of subjects scheduled in secondary school, students will need to schedule different tutoring lessons for their different subjects

Available Subjects

Mathematics
English
Science
Humanities and Social Sciences
Languages
Health & Physical Education

**Other subjects at the Secondary School Level may be available upon request*



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FEE SCHEDULE

SECONDARY SCHOOL STUDENTS (YEARS 11-12)

Enrolment Fee

A non-refundable enrolment fee of \$500AUD per annum is required to enrol senior secondary students in Optimise Learning's education programs for student athletes. The enrolment fee covers a range of services that occur outside of student lessons, including the initial planning meeting between Optimise Learning, parents and the student athlete, consultation and ongoing liaison with the student athlete's school, development of the student's Individual Learning Plan, monitoring of student progress and provision of weekly feedback to parents.

COST PER TUTORING LESSON	
45 MINUTE One-to-One Tutoring Lesson	60 MINUTE One-to-One Tutoring Lesson
\$104 +GST	\$125 +GST

Bundles of 10 x 60 minute lessons can be purchased in advance, for a discount of 5%

Payment & Booking Terms

Individual lessons need to be paid for in advance via weekly debits

Parents can organise for their child to have more than 1 lesson a week

Due to the specialised nature of subjects scheduled in the senior secondary years, students will need to schedule different tutoring lessons for their different subjects

Available Subjects

Mathematics
English
Sciences
Humanities and Social Sciences
Languages
Business and Economics
ICT & Design
Health & Physical Education

**Other subjects at the Secondary School Level may be available upon request*



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READ OUR TESTIMONIALS

"I was told about Optimise Learning by a friend who had enlisted their services to tutor three of her children who were missing a lot of school due to sporting commitments. We were travelling extensively with our children from one sporting event to another, and whilst they were having a lot of fun with their sport, our children were missing key elements of their education.

We met with Tracey and Peter Hand to discuss our children's tutoring requirements and soon after we started on an exceptional journey with Optimise Learning. The children's grades have lifted substantially and they are coping well with their sporting commitments and balancing their school work. The ability to be able to access talent in education like this is the most important opportunity we can give our children in their formative years."

Fiona Cobcroft
Thredbo, New South Wales

"We'd love to express our gratitude for the exceptional learning experience our child has with Optimise Learning, who provide outstanding, high-quality teaching. The genuine commitment to their students from qualified and experienced teachers is remarkable. From our first contact with them, we were impressed by the integrity, knowledge and experience that the founders and teachers have for all aspects of teaching and learning.

It is obvious that there is a high level of preparation prior to each lesson, as the teaching and learning is so individualised, and we have confidence that the teacher precisely understands our child's ability and learning level at any given time. We appreciate this, as it has allowed our child to skip over content he already knows and to spend more time focusing on what he needs to learn. We cannot say enough positive things about Optimise Learning and highly recommend this tremendous tutoring service!"

Rhiannon and John Ryan
Buderim, Queensland

"Optimise Learning has helped and guided me through the new experience of Distance Education. Having a tutor like Optimise Learning has really benefited my grades and allowed me to find a balanced study/dance plan. I have an extensive dance training schedule of approximately 25-30 hours per week. I travel twice weekly for a three-hour return trip as well as interstate and overseas for training and competitions. I look forward to continuing my work with Optimise Learning for the remainder of my schooling."

Poppi Eccleston, Year 8
Sunshine Coast, Queensland



